**North Devon Velo**

**April 1st 2024**

**North Devon Velo Sporting 22 “Round The Houses”**

**Promoted for and on behalf of Cycling Time Trials under**

**their Rules and Regulations**

**Start Time: 07:30**

**Course Details S12/22S**

Start on the A377 approximately 0.75 miles South East of Bishops Tawton at a point 12 yards from the southern end of the lay-by to the North of Newbridge (GR SS 572286).

Proceed South Eastwards to Umberleigh turn left (M) onto the B3227 and proceed towards South Molton, continue (passing straight on over two mini roundabouts (M) to the junction with B3226 where turn left, (M) continue to the first roundabout and take the first exit (M) stay on the B3226. At the next junction and prior to the North Devon Link Road turn left on Blakes Hill Road (M) Follow this road through Filleigh, Swimbridge to Landkey. Just after leaving Landkey turn left, Mount Standford Road, signed “Newport”.(M)

Finish at Northern end of entrance to Bay View Garage, Landkey Road (GR SS 582314)

**Please Call Number Loud and Clear When Finishing**

Follow the link below for the Strava segment for the course:

<https://www.strava.com/segments/3677310?oq=NDW>

**Approximate** mileages: -

Umberleigh 5

South Molton 12.2

Left to Filleigh 13.6

Left to Newport 21

Finish 22

**Race HQ**

Bishop Twaton Village Hall

Bishop's Tawton, Barnstaple EX32 0AB

(please note this is a change of HQ from previous races, and is closer to the start than the old Methodist Church Hall that we have used in the past)

**Organiser**

Phil Ley

Marsh Dean

Goodleigh

Barnstaple

EX32 7NY

**Time Keepers**

James Benning

Nigel Bennet

Please note there is no parking available at the HQ. Parking is available in the lay-by on the RH side of the road as you head south towards the start less than 200m from the HQ and then a large lay-by on the left approx. ¼ from the HQ and another lay-by a further ¼ down the A377. There will be NO PARKING at the start lay-by.

At the completion of the event to return to the HQ continue down Landkey Road to the traffic light junction with South Street and Turn Left, continue along South Street to the round-about junction of the A361/A377 proceed straight over onto the A377. Note: Extreme Caution must be used when crossing this round-about, it is busy and traffic approaches and crosses over it at speed. A red flag marshal will be located at the round-about but will have no jurisdiction or powers to stop traffic as it is out of the approved race envelope. We strongly recommend that you dismount your bike and cross on foot using the pedestrian island. Once across the round-about remount your bike and proceed along the A377 to the HQ, be aware that cars park on the left hand side of the road through the village and ongoing traffic can be on your side of the white lines so ride carefully.

**Prize List Open**

1st £20

2nd £15

3rd £10

**Prize List Ladies**

1st £20

2nd 15

3rd 10

1st Vet 40+O - £15

1st Vet 40+F - £15

1st Junior O - £15

1st Junior F - £15

**Important Notes for Riders and Officials:-**

* A Hard Shell Helmet MUST be worn.
* Numbers will be at the Headquarters, the numbers are disposable you do not need to return them but you MUST sign out, failure to do so will result in a DQ as we will have to search the course to ensure that you are not laying injured somewhere.
* The course has been risk assessed and will be checked prior to the start. Risks of note are:
  + Traffic parked on the road-sides reducing road width at South Molton, Swimbridge and Landkey – exercise caution riding through the villages
  + Steep descent into Swimbridge potholes 2/3rd of the way down the hill.
  + Double mini-roundabout entering South Molton beaware of traffic coming from the right
* No U-Turns within sight of the Start and Finish Timekeepers
* Riders waiting to start must do so 20 yds before the Timekeeper and stand within the lay-by in single file
* A working rear light, either flashing or constant, MUST be is fitted to the machine clearly visible to following road users and is active whilst the machine is in use. No working rear light NO RIDE!
* Please ensure that when signing on you make sure you have looked at and read the on the day risk assessment and ensure that there are no additional hazards to be aware of prior to starting.